



0372 363 9770

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HLS • Health & Safety training delivered by a national provider



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Easy and
efficient
booking service



Multiple training
centre locations



High quality,
accredited
training



ABOUT US

We are a multi accredited Health & Safety training provider and ATO (Approved Training Organisation). Our mission is to inform and inspire people through the delivery of first Class, unparalleled and outstanding Health & Safety training, alongside a wide range of plant courses and NVQ assessments. We also provide seminal, innovative and informed consultancy for our clients to have confidence in their compliance standards nationwide.

Excellence, Innovation and Commitment

"Respect the Unexpected, think through your risks."





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Bookings: 0372 363 9777



SITE SAFETY PLUS (SSP)



Site Safety Plus (SSP) courses are designed to give everyone, from operative to senior manager, the skills they need to progress through the industry. Courses range from the one-day Health and Safety Awareness course to the five-day Site Management Safety Training Scheme including the Temporary Works Suite of training. There are also refresher courses to make sure that workers are keeping up with the latest practices and techniques to be safe on the job. Our courses ensure everyone benefits from the best possible training.



IOSH Training

Management Education: Educating managers in organisations whose responsibility is to implement and deliver the business strategy. They need training to help them operate and work safely in their workplace while deploying the strategy.

- **Managing Safely** - a course that delivers practical step-by-step guidance with a sharp business focus that's hands-on and jargon-free.
- **Managing Occupational Health and Wellbeing** - a new course providing practical advice and tools for managers to help create a healthy and productive place of work.
- **SHE for Construction Site Managers** - a Safety, Health and Environment for Construction Site Managers course, which provides essential knowledge for anyone who oversees or manages safety, health and environmental risks associated with construction activities.

Core Skills: Fundamental training that every person in the workplace needs, regardless of role, to be able to operate safely and healthily. Technical content to help people maintain and develop their expertise.

- **Working Safely** - a one-day course for people at any level, in any sector, that will boost business performance and staff motivation
- **SHE for Construction Workers** - a one-day, face-to-face Safety, Health and Environment for Construction Workers course, which provides essential knowledge for anyone who is involved in construction activities



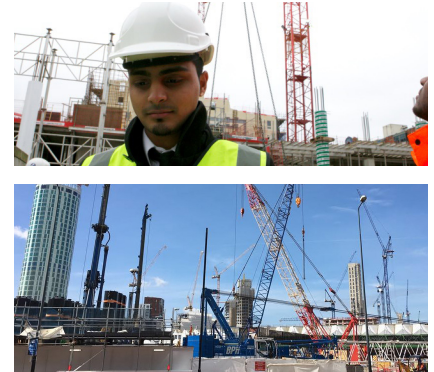
HEAVY LIFTING

Cranes and Lifting:

We offer a full range of crane and lifting training courses where learners will understand how to comply with legislation, regulations, Codes of Practice and industrial requirements. Our courses bring together significant principals with practical elements in order to ensure that learners receive the full scope of experience and knowledge needed to work safely in their operational environment.

- Tower Crane - Saddle Jib
- Tower Crane - Luffing Jib
- Pedestrian Operated Tower Crane
- Crawler Crane
- Compact Crane
- Mobile Crane
- All Terrain Crane
- Appointed Person
- Crane Supervisor
- Slinger Signaller
- Overhead Gantry Crane
- Spider Crane
- Marine Knuckle Boom Crane
- Hoist

We also offer accredited training for the **Report of Thorough Examination for Small Lifting Equipment and Lifting Accessories.**



VOCATIONAL QUALIFICATIONS

We deliver a vast array of vocational qualification assessments that provide you with the skills and qualifications needed to progress in your field. Through the years the NVQ/QCF has been further developed, becoming the leading method of qualifying people in all UK industries based on occupational competence.

In the construction industry, the NVQ/QCF is widely utilised as a career progression framework which can lead an individual through their own chosen occupational area of expertise, from operative through to senior management levels (1-7). It is also the benchmark for this progression through the industry's leading card/qualification schemes such as: CSCS and CPCS.

Need to upgrade your card?

Within our depth of expertise, we deliver a vast array of industry based qualifications that provide you with the skills and qualifications required for progression in your field.



Qualification	Job Role
Level 1	Labourer
Level 2	Skilled Operative
Level 3	Supervisor
Level 4	Supervisor of Multiple Trades
Level 5	Appointed Person
Level 6	Site Manager
Level 7	Senior Management

Working with HLS for your Vocational Qualification, we will ensure...

Learners are correctly profiled prior to registering for a qualification. We want to be sure they are completing the correct qualification and associated units that will allow them to progress within the industry.



Some of our most popular qualifications...

- | | | |
|-------------------------------------|---------------------------|----------------------------|
| ✓ Plant Operations | ✓ Tunnelling | ✓ Supervisory & Management |
| ✓ General Construction | ✓ Passive Fire Protection | ✓ Bituminous Paving |
| ✓ Specialist Lifting & Installation | ✓ Specialist Concrete | ✓ Formwork & Steel Fixing |

CONSTRUCTION PLANT TRAINING

Accredited Plant courses are available throughout the UK. Our training courses are tailored to meet the requirements of the operator and their employers, whilst still meeting the required standards set by the construction awarding organisations.

Courses are available for all experience levels from novice through to experienced work assessments. Our trained and experienced instructors will guide learners through their training course, providing a quality and professional training service.

Some of our most popular courses:

- Excavator 360 - Wheeled and Tracked
- Excavator 180
- Forward Tipping Dumper
- Wheeled Loading Shovel
- Tower Crane
- Slinger Signaller
- Crane Supervisor
- Ride on Roller
- Articulated Dump Truck
- Telescopic Handler
- Pedestrian Operator Tower Crane
- Telescopic Handler Suspended Loads





Construction Plant Operator's Scheme - CPCS

The Construction Plant Competence Scheme (CPCS) provides skills cards for the plant sector of the Construction and allied industries. It was launched in 2003 and since then over 300,000 cards have been issued across 60 categories of plant and related occupations. The CPCS Management Committee continually review and amend the Scheme in the light of on-going Industry feedback, and external factors such latest occupational health issues, technology advances and new plant types are where the Scheme has undertaken such amendments.

CPCS maintains focus on ensuring that the Scheme is centred on the principles of independent, rigorous assessment of operating ability and for assurance of competence assurance, raising of standards expected in the plant sector.

National Plant Operator Registration Scheme - NPORS

NPORS has been supporting the industry since it was established in 1992 and is now one of the UK's leading Accreditation and Registration Bodies. The scheme offers employers the flexibility of being able to have the training conducted at their premises or site location using their own plant and machinery.

The Association of Lorry Loader Manufacturers and Importers (ALLMI)

We provide training and assessments nationwide for Lorry Loader and Slinger Signaller under the ALLMI Accreditation. Founded in 1978 at the request of the HSE (Health and Safety Executive), ALLMI remains as the UK's only Trade Association which devotes exclusively to the lorry loader industry.

ACCESS AND WORKING AT HEIGHT TRAINING

HLS strongly believe working at height is a fundamental area of training in the construction industry. Our working at height training specialists deliver a full range of approved and accredited courses across the UK to ensure you stay safe whatever your job role. We offer training that covers every possible working at height scenario from the use of access platforms to rope access training and roof top safety to mobile scaffolding towers.

Our instructors are qualified, experienced and devoted to providing learners with the required knowledge and skills to keep themselves and others safe when completing their tasks at height. Whether you are an operative of access equipment or you are managing or supervising work at height, we will be able to arrange a course that meets your requirements.

Courses available include:

- IPAF Operator- all categories
- IPAF Demonstrator
- IPAF Loader Unload
- IPAF Push Around Vertical
- IPAF MEWPS for Managers
- IPAF Approved Safety Harness
- Mobile Scaffolding Towers
- Working at Height and Rescue
- Safe Vertical Ladder Ascent and Descent
- Ladder Rescue
- Tower / Platform Access and Rescue
- Safe Roof Access and Rescue
- Safety Harness Inspection and Use
- Wind Industry Related Courses





Open Courses

If you are an individual or an organisation that cannot accommodate a course at your location, why not take advantage of one of our open courses, offering a flexible and cost-effective alternative to closed courses on site.

SPECIALIST AND COMPLIANCY

It's no exaggeration to say that a well-thought-out Health and Safety Policy is a key ingredient in running a successful business, playing fast and loose in this area of your business can be costly.

One thing is for sure, it is our core strength in fully understanding compliance that forms an uncomplicated approach in helping unlock the huge benefits effective Health and Safety can bring to your business. It's also the bedrock that helps guide the clients through the minefield of health and safety rules and Regulations of which tends to allow HLS to stand out from the large consultancy crowd.



Compliance

The One Stop, Health and Safety Compliance Shop, here at Health, Life and Safety we offer a multidisciplinary health and safety consultancy providing services by a diverse team of experienced, safety professionals.

The Health and Safety Minefield

The consequences of failing to make correct health and safety provision and staff training can be fatal for your business. If you create the circumstances in which your business can be sued for inadequate health and safety provision or training, then six-figure compensation figures are not uncommon, and how many businesses can survive that?

Documenting and implementing robust health and safety policies demonstrates to your workforce and clients that you actively promote improved safety, morale and customer trust.

Principal Designer Services

- Do you have a project or development that has construction elements?
- Will the construction elements last more than 30 days or 500 man-hours?
- Appoint a competent Principal Designer to help comply with your legal duties
- Inform the Health and Safety Executive of the project on an F10 form
- Appoint a competent Principle Contractor
- Ensure an adequate Construction Phase Plan is developed prior to construction works being undertaken
- Ensure the Principle Contractor has provided adequate welfare facilities prior to the construction works commencing

Site Inspections / Audits and Consultancy

Managing Health and Safety is a requirement for all UK businesses. Successful organisations understand that managing a safe and healthy workplace, the wellbeing of their staff, and the success of their company are inter-linked. By committing to providing a comfortable and safe working environment, organisations will mitigate risk and ultimately save valuable budgets.

Make sure you're up to date; use our site inspection service and instantly have access to experts, able to review and advise on how to improve your health and safety procedures and avoid non-compliance. Areas of non-compliance can leave you at risk of breaking the law, and jeopardising the wellbeing of your employees.

When a company has an effective Health & Safety Policy in place, it's something you can sense as soon as you walk onto their premises. An air of calm efficiency transmits a feeling of reassurance to employees, suppliers and customers. The tangible benefits go way beyond a company's enhanced professional image and compliance with workplace law. There are real practical benefits which improve the efficiency and productivity of your workforce – not forgetting lower insurance premiums and the massively reduced risk of expensive legal claims against your company.

With so much at stake, the potential risks associated with creating your own health and safety policy are just too high. The complexities of legal and social obligations nowadays make it essential to bring in expert Health & Safety Consultants like HLS.

Here are just a few of the disasters your company could avoid by bringing in professional health and safety consultants to manage the risks associated with running your business:

Directors, managers and supervisors can all be prosecuted for infringements of health and safety law, so it's important that they are protected. Financial implications of this for individuals, and the disruption caused to your business, can be substantial. Employees could suffer a loss of earnings, and the burden of after-care costs on the company itself following expensive claims for an injury or accident could have serious consequences - including the total collapse of your business.



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